

SGfB certificate of further training – Every three years again...

We know it well! Every three years the SGfB comes knocking and wants to have the detailed further training and supervision certificate from us again. For many this is not easy. Often someone works part-time as a counsellor and the costs of further training and supervision are high. Here are some tips from me and our supervision group:

Many of us are already organised as learning groups or intervision groups in smaller or larger groups. A good idea is to form a larger group and organise together with a supervisor - this way group supervision is possible. This is a higher effort (someone has to take the lead, make attendance list, programme etc.) but it is worth it. Such synergies help us to organise ourselves better and usually also save costs.

Furthermore, we often have the characteristic of surrounding ourselves only with people from our environment. How would it be if the group was made up of members from different disciplines? This is not always pleasant and there are more discussions, but I find it very exciting and my mind is sharpened.

If individual group members have specialised training, they can also give or organise certain further training within the group. For example, we have an HF nursing specialist, a remedial school teacher, a druggist with phytotherapeutic training, a deacon, a facility manager and foster child educator, a chemical engineer with pharmaceutical training and partial studies in psychology, a trauma counsellor, an IT specialist and others. And all of them contribute to the diversity of the training and can pass on a lot from their field to the others. Furthermore, external speakers often like to come to a group and give training at relatively low cost. To complete the diversity, we don't just do psychosocial training. Because questions like what bookkeeping looks like for a self-employed person, a workshop on the question: "Who does marketing and how?" or how to store client data securely on the PC are also cutting-edge topics. This results in a balanced spectrum of further training courses that can be organised at a reasonable price.

However, it is also clear that a coffee party or even an intervision is neither supervision nor training. Speakers for further training must be able to identify themselves for these areas. Organising the group means more effort and time commitment. Usually, part of the commitment of the organising persons is done on a voluntary basis, but in return, certain costs can be saved, depending on the situation.

For myself, it is important that we can continue to uphold the profession and the quality of the profession. Therefore, it is not time to reduce the requirements for further training, but to organise ourselves creatively and find solutions together.

Patrick Zahnd, Chair of the Quality Commission

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